

Evatt Primary School Canteen Menu – Term 4, 2022

SANDWICHES *

Cheese	G	\$2.50
Grilled chicken, cheese & lettuce	G	\$4.00
Salad (lettuce, carrot, tomato, cucumber, cheese)	G	\$3.00
Vegemite	A	\$2.50
Ham & cheese	A	\$3.50
Ham & tomato	A	\$3.50
* <i>Toasted</i>		+ \$0.50

Wholemeal or gluten-free bread

SALAD

Garden salad (lettuce, tomato, cucumber, carrot)	G	\$3.00
Chicken salad (Grilled chicken lettuce, tomato, cucumber, carrot)	G	\$5.50

HOT FOOD

Grilled chicken burger (chicken, mayonnaise, tomato, lettuce)	G	\$5.50
Beef burger (beef patty, cheese, tomato, lettuce)	G	\$5.50
Taco	G	\$5.50
Fried rice (rice, egg, carrot, peas, soy sauce)	G	\$5.00
Vegetarian pasta	G	\$4.00
Pizza (ham & pineapple, ham & cheese, vegetarian)	A	\$4.00
Noodle cups (beef or chicken)	A	\$3.50
Chicken nugget	A	\$0.80
Homemade sausage roll	A	\$3.00
Sauce - BBQ or tomato	A	\$0.50

VALUE PACKS (pre-order only)

Pack 1 - Burger - chicken or beef Juice box or flavoured milk	A	\$7.00
Pack 2 - Fried rice Juice box or flavoured milk	A	\$6.50
Pack 3 - 5 chicken nuggets Popcorn Juice box or flavoured milk	A	\$6.50

SNACKS

Slinky apple	G	\$1.50
Popcorn (air popped)	G	\$1.00
Seasonal fresh fruit	G	\$1.00
Corn on the cob	G	\$1.00
Greek yoghurt pouch	G	\$2.50
Homemade fruit scone	G	\$0.60
Homemade apple cinnamon muffin	A	\$1.00
Frozen yoghurt (flavours vary)	A	\$2.50
Quelch ice block (flavours vary)	A	\$1.00
Cheese stick	A	\$1.50

DRINKS

Water (250mL)	G	\$1.00
Plain milk (low fat)	G	\$2.00
Flavoured milk (200mL) (chocolate, strawberry)	A	\$2.50
Fruit juice box (250mL) (orange, apple, tropical)	A	\$2.50

We follow the National Healthy School Canteen Guidelines through Canteen Fresh ACT

G - Green Approved / A - Amber Approved



GREEN - foods and drinks are the best choices

AMBER - foods and drinks should be selected carefully

RED - foods that are an occasional treat (only served on special treat days)