

Canteen News

Canteen will operate on Thursday and Fridays, for lunch orders and over the counter sales at both break 1 and 2. We may hold special lunches throughout the year. Information on these will be sent home on a separate note.

MENU

The canteen offers a range of healthy food according to the National Healthy School Canteen Guidelines, and our food is rated using the traffic light colour system.

- GREEN: Healthy foods that can be consumed regularly and promote balanced diet.
- AMBER: Foods that should be ordered sparingly as they are higher in fat, sugar and/or salt.
- RED: Confectionary foods that should be an occasional treat.

HOW TO PLACE A LUNCH ORDER

We highly recommend ordering online. Lunches can be ordered online at <http://www.school24.com.au/> (online ordering instructions are attached). If using a reusable lunch bag, please place it in the basket in your child's classroom.

OR you can write out your child's order on a lunch bag or piece of paper. Please make sure your child's name and class are clearly written on top, place money in bag or envelope and place in the Canteen basket in your child's class room. Baskets will be brought up to the canteen at 9:15am and collected from the canteen at break 2 by a canteen monitor and taken back to the class room. Where possible please have correct change; if change is required it will be placed in the bag.

LUNCH ORDER BAGS

Reusable lunch bags can be ordered. (note attached), or old school brown paper bags will be used with a small charge of 10c per bag.

VOLUNTEERS

Volunteers are most welcome. To volunteer your time please contact Tracy at tracyhitchins@gmail.com or leave a message at the front office.

BREAKFAST CLUB

Breakfast Club is held in the canteen from 8:30 -9.00am, Thursday mornings.

Donations of breakfast items are welcome. Items such as bread, margarine, lemon butter, vegemite, jams, honey, cereal, milk.

If you would like to volunteer please contact Felicity at felicitymanamara@gmail.com

DISCO

Discos are held in Term 1, 2 & 3, on Fridays in week 9. The canteen offers over the counter treats and a dinner special. Volunteers are required to help run the night. A Skoolbag App message will be sent out asking for volunteers closer to the date.

Evatt School Canteen Menu – 2019

HOT FOOD/MAIN

| | |
|--|------------------------------|
| GRILLED CHICKEN WRAP OR BURGER | \$4.50 |
| Chicken with mayo, tomato & lettuce | |
| HAMBURGER | \$4.50 |
| Beef pattie with cheese, tomato & lettuce | |
| FRIED RICE | \$4.00 |
| Egg, carrot, peas, soy sauce | |
| PIZZA SLICE | \$3.00 |
| Ham & pineapple OR vegetarian | |
| NOODLE CUPS – beef or chicken | \$3.00 |
| CHICKEN NUGGETS (1) | 50c |
| SAUSAGE ROLL | large \$2.40 small \$1.20 |
| PASTA BOLOGNAESE | large \$4.20 small \$2.10 |
| HONEY SOY CHICKEN with boiled rice | large \$4.20 small \$2.10 |
| NACHOS | large \$4.20 small \$2.10 |
| SALAD SHAKER | \$4.50 |
| C CUP | \$2.20 |
| Chicken, cucumber, cheese, cherry tomatoes, carrot | |

SNACKS

| | |
|---|--------------|
| ENGLISH MUFFIN with margarine | \$1.50 |
| ADD VEGEMITE/HONEY | 10c |
| POPCORN | 50c |
| RICE CRACKERS packet | \$1.20 |
| FROZEN YOGHURT | \$2.30 |
| Mango, raspberry, strawberry | |
| HOME BAKED GOODS | 50C - \$2.00 |
| (refer to school newsletter and canteen for current items and prices) | |

DRINKS

| | |
|-----------------------------------|-------------------------|
| PLAIN MILK 200ML | \$2.00 |
| FLAVOURED MILK 250ML | \$2.30 |
| Chocolate, strawberry, honey comb | |
| JUICE BOX | \$1.80 |
| Apple, orange, tropical | |
| WATER BOTTLE 350ML | \$1.50 |
| QUELTH ICE BLOKES | full \$1.00 half 50c |
| flavours vary | |
| JELLY flavours vary | \$1.00 |

SANDWICHES/ROLLS/WRAPS

| | |
|--|--------|
| CHICKEN | \$2.50 |
| HAM | \$2.50 |
| TUNA | \$2.80 |
| VEGEMITE/HONEY | \$2.00 |
| HAM, CHEESE & TOMATO | \$3.90 |
| BANANA & HONEY | \$2.50 |
| EGG | \$2.50 |
| TOMATO & CHEESE | \$3.10 |
| CHEESE | \$2.50 |
| ADDITIONAL TOPPINGS | |
| TOMATO | 60c |
| LETTUCE | 50c |
| CHEESE | 80c |
| CRATED CARROT | 50c |
| MAYONNAISE | 10c |
| BREAD OPTIONS (for sandwich, roll or wrap) | |
| TOASTED | 50c |
| GLUTEN FREE | 60c |
| MULTI GRAIN | 60c |
| WHOLEMEAL | 60c |
| ROLLS/WRAPS | 60c |

EXTRAS

| | |
|----------------|--------|
| TOMATO SAUCE | 20c |
| LUNCH BAG | 10c |
| SLINKY APPLE | \$1.50 |
| SEASONAL FRUIT | \$1.20 |
| FRUIT SALAD | \$2.00 |



BIRTHDAY TREATS

Cupcakes or ice blocks can be purchased for your child's birthday. Orders are to be placed in the canteen with 1 weeks' notice. Order will be delivered to the class on ordered day.

Ice blocks \$1.00 each
Cupcakes \$1.50 each



CANTEEN

BIRTHDAY TREATS

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Ice blocks \$1.00 each



Cupcakes \$1.50 each



Please email tracyhitchins@gmail.com with order. All orders must be placed at least one week prior to delivery day

