

Canteen News

Canteen will operate on Thursday and Fridays, for lunch orders and over the counter sales at both break 1 and 2. We may hold special lunches throughout the year. Information on these will be sent home on a separate note.

MENU

The canteen offers a range of healthy food according to the National Healthy School Canteen Guidelines, and our food is rated using the traffic light colour system.

- GREEN: Healthy foods that can be consumed regularly and promote balanced diet.
- AMBER: Foods that should be ordered sparingly as they are higher in fat, sugar and/or salt.
- RED: Confectionary foods that should be an occasional treat.

HOW TO PLACE A LUNCH ORDER

We highly recommend ordering online. Lunches can be ordered online at <http://www.school24.com.au/> (online ordering instructions are attached). If using a reusable lunch bag, please place it in the basket in your child's classroom.

OR you can write out your child's order on a lunch bag or piece of paper. Please make sure your child's name and class are clearly written on top, place money in bag or envelope and place in the Canteen basket in your child's class room. Baskets will be brought up to the canteen at 9:15am and collected from the canteen at break 2 by a canteen monitor and taken back to the class room. Where possible please have correct change; if change is required it will be placed in the bag.

LUNCH ORDER BAGS

Reusable lunch bags can be ordered. (note attached), or old school brown paper bags will be used with a small charge of 10c per bag.

VOLUNTEERS

Volunteers are most welcome. To volunteer your time please contact Tracy at tracyhitchins@gmail.com or leave a message at the front office.

BREAKFAST CLUB

Breakfast Club is held in the canteen from 8:30 -9.00am, Thursday mornings.

Donations of breakfast items are welcome. Items such as bread, margarine, lemon butter, vegemite, jams, honey, cereal, milk.

If you would like to volunteer please contact Felicity at felicitymanamara@gmail.com

DISCO

Discos are held in Term 1, 2 & 3, on Fridays in week 9. The canteen offers over the counter treats and a dinner special. Volunteers are required to help run the night. A Skoolbag App message will be sent out asking for volunteers closer to the date.

Evatt School Canteen Menu – Term 1, 2018

HOT FOOD/MAIN

GRILLED CHICKEN WRAP OR BURGER	\$4.50
Chicken with mayo, tomato & lettuce	
HAMBURGER	\$4.50
Beef pattie with cheese, tomato & lettuce	
FRIED RICE	\$4.00
Egg, carrot, peas, soy sauce	
PIZZA SLICE	\$3.00
Ham & pineapple OR vegetarian	
NOODLE CUPS – beef or chicken	\$3.00
CHICKEN NUGGETS (1)	50c
SAUSAGE ROLL	large \$2.40 small \$1.20
PASTA BOLOGNAESE	large \$4.20 small \$2.10
HONEY SOY CHICKEN with boiled rice	large \$4.20 small \$2.10
NACHOS	large \$4.20 small \$2.10
SALAD SHAKER	\$4.50
C CUP	\$2.20
Chicken, cucumber, cheese, cherry tomatoes, carrot	

SNACKS

ENGLISH MUFFIN with margarine	\$1.50
ADD VEGEMITE/HONEY	10c
POPCORN	50c
RICE CRACKERS packet	\$1.20
FROZEN YOGHURT	\$2.30
Mango, raspberry, strawberry	
HOME BAKED GOODS	50C - \$2.00
(refer to school newsletter and canteen for current items and prices)	

DRINKS

PLAIN MILK 200ML	\$2.00
FLAVOURED MILK 250ML	\$2.30
Chocolate, strawberry, honey comb	
JUICE BOX	\$1.80
Apple, orange, tropical	
WATER BOTTLE 350ML	\$1.50
SLUSHIE flavours vary	\$2.50
QUELTH ICE BLOKES	full \$1.00
flavours vary	half 50c
JELLY flavours vary	\$1.00

SANDWICHES/ROLLS/WRAPS

CHICKEN	\$2.50
HAM	\$2.50
TUNA	\$2.80
VEGEMITE/HONEY	\$2.00
HAM, CHEESE & TOMATO	\$3.90
BANANA & HONEY	\$2.50
EGG	\$2.50
TOMATO & CHEESE	\$3.10
CHEESE	\$2.50
ADDITIONAL TOPPINGS	
TOMATO	60c
LETTUCE	50c
CHEESE	80c
CRATED CARROT	50c
MAYONNAISE	10c
BREAD OPTIONS (for sandwich, roll or wrap)	
TOASTED	50c
GLUTEN FREE	60c
MULTI GRAIN	60c
WHOLEMEAL	60c
ROLLS/WRAPS	60c

EXTRAS

TOMATO SAUCE	20c
LUNCH BAG	10c
SLINKY APPLE	\$1.50
SEASONAL FRUIT	\$1.20
FRUIT SALAD	\$2.00



BIRTHDAY TREATS

Cupcakes or ice blocks can be purchased for your child's birthday. Orders are to be placed in the canteen with 1 weeks' notice. Order will be delivered to the class on ordered day.

Ice blocks \$1.00 each
Cupcakes \$1.50 each

